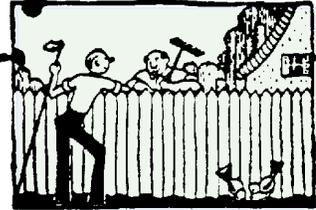




The Garden Spray

Bulletin of the Men's Garden Club of Minneapolis, Inc
2004, Volume 62, Number 9



MGCM Schedule

The Year-2004

This Month

Tuesday, Sept. 14, 2004

Gathering & Conversation -----6:00 pm
Dinner-----6:30 pm
Business Meeting-----Approx.7:00 pm
Program-----Approx.7:30 pm

Date Location Event

Date	Location	Event
Sept. 14	LHC	Mary Henry & Margaret Purcell Orna. Grasses
October 12	LHC	S. Nordstrom Monrovia Plants
Nov. 9	LHC	Lorrie Stromme Trees and The Law
Nov. 26	KGC	Wreath Making
Dec. 7	LHC	Holiday Party
Jan. 11,2005	LHC	Nelson's talk on Liliiums

The Program

Mary Henry and Margaret Purcell Present
Ornamental Grasses

The duo of Mary Henry and Margaret Purcell will present a program (with slides) on Ornamental grasses.

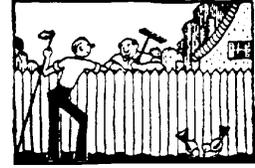
They love sharing and teaching the joys and secrets of gardening and plants to anyone who expresses an interest.

M & M previously owned and operated a small retail garden center/commercial greenhouse business in Western Kentucky. Both are MNLA Certified (the Minnesota Nursery and Landscape Association) and members of the GWA (Garden Writers Association). They say their strongest interest is in herbaceous plants: annuals, perennials, vegetables and herbs. Mary & Margaret have found a small urban, shady lot that is perfect for their passions for container gardening and woodland plants.

Both worked for Bachman's as horticulturists and technical writers. During this tenure with Bachman's, both have given dozens of presentations and Mary was called on occasionally to fill in on WCCO's *Green and Growing* radio program. Now they have their own business. See page 2 for more reasons to see the program.

LHC= Lake Harriet Church
WLC= Westwood Lutheran Church
KGC= Klier's Garden Center
FFF= Food Flower & Foto Show

Reservations are necessary for dinner and permanent reservations are in effect
See page 11 for details on reservations



Utterances From The Prez

By Ellyn Hosch



ties. Please bring a guest to our next meeting, and let our members charm them into joining!

It is time for me to head outside and spend more time in my garden. See you at our September meeting!

While the calendar tells me that summer is rapidly coming to a close, you couldn't tell that from my tomato plants. They went into suspended animation during our recent cold snap.... beautiful green tomatoes with not a hint of red. I'm hoping for a little more heat and a little more rain so my tomatoes will be ready for harvest before our first frost.

At our September meeting, we will be voting on whether we should change the name of our club. If you would like to speak either for or against the change, please contact Mary Ann Oelke at 952-935-3104. Share your opinion with the club.

Our November meeting is considered the Annual Meeting of our club, as defined in our by-laws. It is at this meeting that the slate of Officers and Directors is presented and elected. Nancy Bjerke, Immediate Past President, is chair of the Nominating Committee that chooses the candidates. For this coming year, we will need a Director, Secretary and Vice President. If you have questions about the duties of any position, ask the current holder of the position or look in the Member's Handbook. The duties of Officers and Directors are outlined starting on page 21.

Each year we seem to gain a few members and lose a few members, basically staying at around 110 to 115 total members. With fall coming and the resumption of our dinner meetings, it is a great time to bring a potential member to a meeting. It seems that members who initially attend as guests of current members are most likely to both stay in the club and to participate in club activi-



More Reasons To Attend The Sept Meeting

A quote from our speakers.

Although Vita Sackville-West (responsible for the world-famous gardens at Sissinghurst in England) was before our time, we are sure she wrote this about us: *The most noteworthy thing about gardeners is that they are always optimistic, always enterprising, and never satisfied. They always look forward to doing better than they have done before.*

This must be a quote from Margaret.

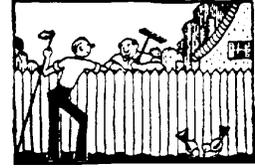
"Mary rarely runs out of things to say! And as often as not, Margaret tags along to add her two-cents, push the buttons on the visuals, fetch and carry or just plain get in the way."

Their claim

We don't know everything. In fact, we strongly believe the key to success in life as well as gardening is to be able to say "We don't know, but we'll do our best to find out."

From the Editor

It should be an interesting program. Don't miss it, even if you don't care about Ornamental Grasses you might learn something and enjoy the experience. After reading their bio, I was impressed and expect a fun evening..



Frank Vixo

We just received word that long time member Frank Vixo passed away in April. Frank was a member for 47 years since he became a member in July 1957. Frank grew both flowers and vegetables but his special interest was dahlias and roses.

He was born on April 12, 1913 in Petersburg, Nelson County, North Dakota (population 318) and grew up on a farm near Powers Lake, Burke County, North Dakota (population 565).

Frank's first meeting was at the auction. It must have been impressive for he joined the club. He has been Treasurer; has hosted garden tours; co-chaired flower shows; worked on auctions; become a perennial "Mr. Auditing Committee"; and MGCM President in 1967 when the National Convention was here. He established with the Internal Revenue Service the nonprofit nature of the Men's Garden Club of Minneapolis.

We hope you still have a garden and enjoy time among the roses.

So Long Frank Vixo and God speed.



New members

MGCM has two new members;

- Les Spiegel
- Kathie Drake

We welcome them into the club and hope they find their niche in the club. We recommend you participate in the committees. This is where you get to know us and we get to know you. Have fun and learn more about gardening.

The FFF

By Chuck Carlson

The Food Flower & Foto Show again filled the arboratums auditorium with floral and vegetable gems.

We had a great time on Saturday morning getting our entries ready. It was good to see some new faces but equally enjoyable to see the same old faces come and show their gardens best. Happy to see Dave Johnson show up by the coaxing of his daughter. Even though he didn't have his pails full and his big containers, it was still nice to see him participate. If everyone would do that, the show would be better for it.

Again I am, as always, amazed at the variety and the unusual flowers that show up. Bob Voigt also didn't disappoint us with his array of vegetables. If you weren't there to see it, he also brought one of the nicest cabbages I have ever seen and people say vegetables aren't beautiful.

Of course I can't help it, I have to mention our not so lazy gardener, Mary. She again used up the whole morning setting out her array of garden treasures.

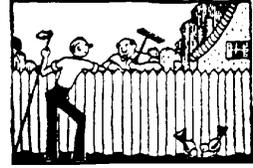
There was also an increase in designs. The subjects for the design category was just great for creativity.

All in all, the show was great. We of course had fun and learned more about gardening. It also showed what the club can do. Thanks to the committee and the entrants for their work.

A few photos taken at the show are shown on Page 4. These were taken by Lloyd Wittstock and Chuck Carlson

Also shown on page 10 are the point counts for those that entered.





Getting ready-Marilyn Brummer



The Chair of the Show Dave McKeen & Nancy Bjerke

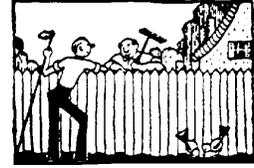


*Front Table Winners
Left
Rose by Dave McKeen
Balloon Flower by Chuck Carlson*

*Right
The Scarecrow Design
By Ann Buchanan*

*Bottom
Cabbage by Bob Voigt*





Board Meeting Summary

Sumarized from Mary Oelke's Secretarial Report

For July 27, 2004

Board Members Present: Nancy Bjerke, Ellyn Hosch, Dave Johnson, Dave McKeen, Mary Oelke, Don Stuewe, Don Trocke. Absent: Rudy Allebach, Leroy Cech.

PRESIDENT'S REPORT

The **Rum River Park District Seed Harvest** will begin on August 17 and continue on other Tuesdays and Saturdays in August, September and October. Volunteers are needed.

Name Change Update: Members who would like to speak to the Name Change Motion at the September Membership Meeting are asked to call Mary Oelke (952-935-3104) to request time.

VICE-PRESIDENT'S REPORT

Since none of our current MGCM members joined the club in 1979, there will be no 25th Anniversary Celebration this year.

SECRETARY'S REPORT

The minutes of the June Board Meeting were approved with one correction:

TREASURER'S REPORT

Tickets sold for the Biennial Garden Tour were 393 as compared to 465 in 2002. However the estimated profit from the tour is about \$3600 which is more than the profit in 2002. With the \$1300+ already in the Scholarship Fund, about \$5000 will be available for scholarships.

Since it is hard to document members' attendance at the Public Garden Tour, Dave Johnson would like to consider dropping this item from the requirements for the Perfect Attendance Award.

MEMBERSHIP SECRETARY'S REPORT

Two people have submitted their application for membership to MGCM. They are

Bruce Gilman and Pamela Wagner. The motion to accept them as new members was seconded and passed.

Don Stuewe has some suggestions for increasing club membership:

- a. Frequent reminders to members to invite guests to our monthly club meetings.
- b. Use the club as a plant resource for members planting new gardens. A question asking members to list plants they would be willing to contribute will be listed on renewal applications for the coming year so that a list of available plants, potential donors can be kept on file.

COMMITTEE REPORTS

Garden Spray: Chuck Carlson will caucus his committee and present a recommendation as to how the Spray will be handled at the September Board Meeting.

August FFF: The committee has suggested that the names of contributing members be eligible for a gift certificate drawing.

Nominating Committee: Nancy Bjerke's committee is in the process of seeking people for the following positions: director, secretary and vice-president. The slate will be voted on at the November Meeting.

OLD BUSINESS

The clean out of the basement storage area at Lake Harriet Methodist Church is scheduled for October 15, following the meeting.

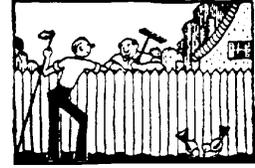
Additional dollars will be added to the Memorial Fund if necessary.

NEW BUSINESS

In order to keep the present rental rates for Westwood Lutheran Church that space must be reserved now. (Westwood Lutheran Church is the site of the May Plant Auction.) Dave Johnson will call Howard Berg to have him submit our reservation.

Next Meeting

The next board meeting will be held at 7PM on Tuesday, August 31 at the home of Rudy Allebach, 3414 The Mall, Minnetonka.



August Tour

By Chuck Carlson

We had a wonderful August Tour. The gardens were all interesting and gave us all some eye candy to remember. Thanks go to those on the tour: Chuck & Marion Carlson, Duane & Jan Johnson, Dave & Delores Johnson, Denice & Jeff Rust and Lloyd & Patti Weber.

A special thanks to Lloyd & Patti for hosting the garden party and that wonderful chicken dinner. Also Thanks to the committee for making all the arrangements. A few pictures are included for memories and for those who could not attend. Another bit of excitement occurred when the bus was hit by a car when making a turn. The bus continued on but the car was towed. The good part was no injuries and we only lost some time while waiting for all the police reports to be completed.



Duane & Jan Johnson's Cosmos



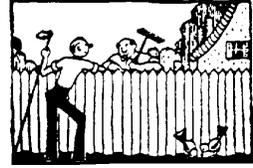
A German Container at Rusts



Dave & Deloew Johnson's Front



Johnson's Pool



Tour Pictures Continued from page 6



*At Weber's Dinner in the Garden
Lloyd says "Corn goes by the Chicken"*



*Lloyd & Patti Weber
In the Grandparents Garden*

Edible Flowers

*By K.B. Badertscher and S.E. Newman
(edited & condensed by Chuck Carlson)*

Edible flowers have been used in the culinary arts for flavor and garnish for hundreds of years. Early reports indicate that the Romans used flowers in cooking, as did the Chinese, Middle Eastern and Indian cultures. They are again popular in North America and Europe. Many edible flowers are high in vitamin C and/or vitamin A, along with other essential nutrients.

Ten Rules of Edible Flowers

1. Eat flowers only when you are positive they are edible. If uncertain, consult a good reference book.
2. Do not use non-edible flowers for garnish on plates. Many people believe that anything on the plate can be eaten.
3. Do not use pesticides on edible crops.
4. Do not eat flowers from florists, nurseries or garden centers.
5. Do not eat flowers picked from the side of the road (possible herbicide use).
6. Remove pistils and stamens from flowers before eating. Eat only the flower petals for most flowers, daylilies are an exception where unopened flower pods can be eaten.
7. Different flavors occur in plants when grown in different locations because of soil types, fertilization, and culture. Environmental conditions play a big role as well.
8. Introduce flowers into your diet in small quantities one species at a time. Too much may cause problems for your digestive system.
9. If you have allergies, introduce edible flowers gradually, as they may aggravate some allergies.
10. Enjoy the different flavors and colors that edible flowers add to many foods.

2005 All America Selections

By Chuck Carlson

The All American Selection(AAS) winners for 2005 have been announced. The flowers are; Gaillardia aristata 'Arizona Sun', Vinca 'First Kiss Blueberry' and Zinnia F1 'Magellan Coral'. The vegetables are: Eggplant F1 'Fairy Tale', Tomato F1 'Sugary' and Winter Squash F1 'Bonbon'.

Gaillardia 'Arizona Sun'

This is a compact plant, 8 to 10 inches tall spreading to 10 to 12 inches. It is a perennial but will flower the first year.

Vinca 'First Kiss Blueberry'

This is the first blue flowered Catharanthus rosea. the flower is a violet blue with large 2 inch bloom. It is heat and drought tolerant about 11 inches tall with a spread of 16 inches and even makes a good container plant.

Zinnia 'Magellan Coral'

This is a zinnia with radiant blooms that are fully double 5 to 6 inch across. It also blooms a bit earlier than normal (6 to 9 weeks from sowing). It is about 16 inches high with a spread of about 18 inches. It is adaptable to containers.

Eggplant 'Fairy Tale'

This is a petite plant with miniature eggplants. The fruit will have a wonderful appearance and a luscious taste. The elongated oval can be used when small or large in about 50 days and is recommended for marinating or grilling whole.

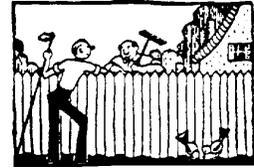
Tomato 'Sugary'

the name says it, with a sugar content 9.5% higher than most others. The fruit is produced in clusters,with a distinct oval shape and a high yield. A new standard for cherry

sized tomatoes. It can be pruned to contain growth.

Winter Squash 'Bonbon'

This Cucurbita maxima squash will provide the grower with a smaller habit earliness and excellent eating qualities. Fruit will be available in 81 days which is a bit earlier than other winter squash. A sweet flavor hence the name 'Bonbon'



Eggplant 'Fairy Tale'



Gaillardia 'Arizona Sun'



Winter Squash 'Bonbon'

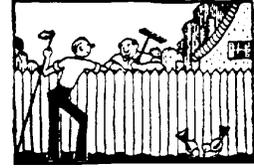


Tomato 'Sugary'



Zinnia 'Magellan Coral'





2004 Twelfth Annual Photo Results

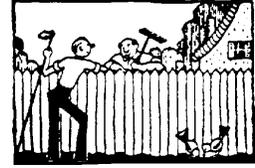
Name	Firsts	Seconds	Thirds	Bonus Points	Total points	Notes
Rudy Allebach	1	3			10	
Ruth Berg			1		1	
Chuck Carlson	2	5	1		19	
Leroy Cech	2	4	2		18	
Audrey Grote	1		1		5	
Jim Hanson	2	1	1		11	1
Ada Hegion		1	1		3	
Dave Johnson					0	
Maurice Lindblom					0	
Bob Livingston	1	1			6	
Suzette Meakins	1	2			8	
Ann Margaret Phillippi	6	3	3	5	38	1,2,3 & 4
Janice Templin	3	1	2	4	20	1,3 & 4
Lloyd Wittstock	1	1	6		12	

Points per each 4 2 1

- Note 1 Non-member not eligible for traveling trophy
- Note 2 Best of Show 3 Bonus points
- Note 3 Recieved Reserve Champion award 2 bonus points
- Note 4 Pest photo for a first time exhibitor

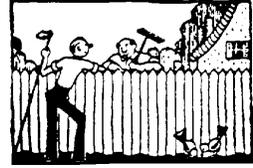


*Overall view of the
2004 FFF Show*



Food & Flower Show Results

Entry	-----Points-----				
Number	Name	Flowers	Veg,	Totals	Notes
1	Annete Hentz	18		18	Non-member
2	Elizabeth Johnson	22		22	
3	Mary Maynard	164	1	165	Flower sweepstakes
4	Marilyn Brummer	26	26		
5	Chuck Carlson	44	26	70	Reserve champion flower
6	Lloyd Wittstock	8	2	16	
7	Maurice Lindblom	25	3	28	
8	Bob Livingston	4	6	10	Featured flower award (Zinnia)
9	Anne Buchanan	40	5	45	First-time exhibitor
10	Bob Voigt		47	47	Vegetable sweepstakes, Best in show(Cabbage), reserve champion vegetable (tomato)
11	Bob Redmond	1		1	
12	Tim Keenan	3		3	Non-member
13	Nancy Bjerke	8	8	16	Featured vegetable award (Herbs)
14	Rudy Allebach	15		15	First-time exhibitor winner
15	John Dahl	13		13	
16	Margaret Hibberd	48		48	
17	Don Trocke	15		15	
18	Elaine Spiegel	1		1	
19	No Name given		3	3	No name?
20	Laurel Schnabel	14		14	Non-member
21	Dave Johnson (GV)	8		8	
22	David McKeen	23	7	30	Best flower in show



Reservations for Dinner Meetings

Permanent reservations are in effect.

Permanent reservations are shown by the “p” on the mailing label or the email message for those receiving the newsletter by email. Reservations or cancellations are necessary by the Friday before the meeting. Call or email Carole Ann Brekke for your reservation or cancellations.

You are responsible for the cost if not cancelled.

For reservations or cancellations

Carole Ann at phone 952-435-6029) or
Email numsix24@attbi.com.

For last minute cancellations

call Dave Johnson Phone 763-571-2713
If he can sell it, you won't be billed.



MEN'S GARDEN CLUB OF MINNEAPOLIS, INC.



CLUB OFFICERS:

President: Ellyn Hosch
 436 Sheridan Ave So, Minneapolis, MN55405-1913
 Vice-President: David McKeen
 2834 Vernon Ave So, St Louis Park, MN 55416-1840
 Recording Secretary: Mary Oelke
 5745 Duncan Lane, Edina, MN 55346-1603
 Membership Secretary: Don Stuewe
 3624 Robbinwood Terr, Minnetonka MN 55305
 Treasurer: Dave Johnson
 5291 Matterhorn Dr., Fridley, MN 55421-1324
 Past President: Nancy Bjerke
 1035 Heritage Lane, Orono, MN 55391-9342

DIRECTORS:

Rudy Allebach
 3414 The Mall, Minnetonka MN 55345-1239
 Leroy Cech
 212 Interlachen Road, Burnsville MN55306-6427
 Donald Trocke
 10625 Bush Lake Road, Bloomington, MN55438-1677

Inside

Page 1	MGCM Schedule
Page 2	President's Column
Page 3	Vixo, new Members & FFF
Page 4	Pictures of FFF
Page 5	Board Meeting Summary
Page 6	August Tour
Page 7	Edible Flowers.
Page 8	All America Selections for 2005
Page 9	2004 Photo Results
Page 10	2004 Flower & Veg. Results
Page 11	Reservation Details

THE SPRAY

The Garden Spray is published monthly by the Men's Garden Club of Minneapolis, Inc. for its members. The Men's Garden Club of Minneapolis is a not-for-profit, equal opportunity organization.

Return to:

The Garden Spray

Men's Garden Club of Minneapolis, Inc.
 Charles J. Carlson, Editor
 1001 Hackman Circle
 Fridley, MN 55432-0463

First Class Mail

**RETURN POSTAGE GUARANTEED,
 ADDRESS CORRECTION REQUESTED**

September



Vegetables At FFF