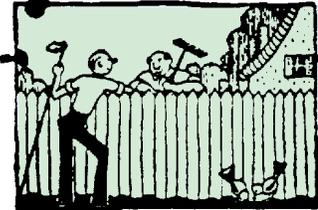




# The Garden Spray



Bulletin of the Men's Garden Club of Minneapolis, Inc  
Affiliated with The Gardeners of America and the Minnesota State Horticultural Society  
August 2001, Volume 59, Number 8



## August Is T & S (Tour & Show)

**August 12--We tour to St. Cloud**

(see page 11 for details and registration form)

**Registration deadline August 8**

**August 18 & 19--Is The FFF**

(The Food Flower & Foto Show)

(See page 9 for details)



**A view in Clemens Garden**

**One of the gardens on the St. Cloud Tour**

*Photo by Chuck*

## Future Club Events

**August 12: Club Tour**

**August 18-19: Flower, Food & Foto Show**

**September 11: Dinner meeting**

**October 9: Dinner Meeting(Garden Lighting)**

**November 13: Dinner meeting**

**December 4: Holiday Party**

# Editorial Enticements

*By Chuck Carlson, Editor*

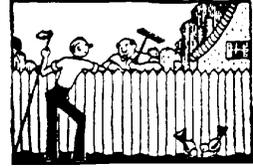
The convention is over and all the attendees are back home, with what we hope are good memories of their stay in Minnesota.

Our club owes Duane and Patti Reynolds a debt of gratitude for the dedication they had for the project. Make sure when you see them you give them your thanks and kudos for a job well done. Duane was superb as an MC at each meal. Everyone I talked to said how great he was. A few moments I remember was; his introduction of our friend Bill Hull was so touching, his handling of lost items (he even made a few dollars for the National treasury) and his closing remarks at the final banquet.

I may be prejudiced but I feel we put on a good convention and provided an impetus to go to Tucson next April.

I didn't go to all the gardens, but those I went to were just great. Also the words I heard from the attendees was that they were smashing. Thanks to Carole Ann & Doug Brekke, Gary and Joanne Geister, Dave & Renada Moehnke, Warren & Beverly Nordley, Jackie and Tim Overom, Jerry & Lee Shannon, Archie and Jean Caple, Dave & Delores Johnson, Bob & Karen Olson, Bob & Phyllis Redmond, Clyde & Virginia Thompson, Kay Wolfe and Gary Opperman. You all deserve our appreciation for opening your gardens. The "tour queen", Mary Maynard, and her helpers also deserve many thanks for their arrangements.

I could go on and on about all the people who helped from our dedicated and happy greeter who chaired the hospitality room to our flower arranger, Chuck Benson, to our speaker chairman, Russ

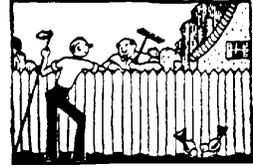


Smith but I think it is time to just say thanks to everyone who had a part in the convention.

I hope no one is offended if I didn't list your name but that is impossible with the many who helped make the convention a success. Thanks to everyone, members, spouses and friends of the Men's Garden Club of Minneapolis.



*A scan of the actual Convention Patch*



# President's Column

*MGCM President Carole Ann Brekke*

*Editors note.....Our president did herself proud with an opening greeting and a invocation at one of the dinners. The first part of the following was part of the invocation. The italicized part was found in a book titled "The Gardener's Guide to Life". I think Carole Ann had fun also, since she told me her and Doug are thinking about going to Tucson next April.*

*A thankful heart is not only the greatest virtue, but the parent of all other virtues. Nowhere is a thankful heart more appropriate than in our gardens.*

*Whether it's a two acre plot or a midtown window box, a garden is a place where the majesty of creation is revealed each day. The observant gardener witnesses the cycle of life, a show like no other. And the price of admission is a bargain; a plot of ground, a ray of hope and a handful of seeds.*

*Sometimes, a garden can be a frustrating place. Plants can be stubborn.....pests can be persistent..... and weather can be uncooperative. When things begin to GROW wrong, so do emotions; but, no one should work the soil in anger.*

*So, the next time you find yourself muttering about weeds, weather or bugs, pause to give thanks for your garden, it is a gift from God that keeps on giving. As such, we gardeners are advised to keep on thanking.*

I am very thankful, not only for the ability to tend my garden, but for the members of our club. The National Convention, "Gardening Fun in 2001", was by all measures a success and tons of fun! Why? Because of our members.

For several years, Duane and his committee were busy making all the

necessary decision and early arrangements. They did a wonderful job planning and seeing to all the details that make the difference between a "ho-hum" gathering and one to remember. Even the loss of power at the hotel the first morning and the extreme heat didn't spoil our fun. We had fun chatting in the Hospitality room with other gardeners from across the country. At meal time (the hotel food and box lunches were excellent), on the busses and walking around the well tended gardens on tour, were great times to visit with our guests.

They liked our gardens, whether Dave and Delores's two acre plot or Kay's small city lot in St. Louis Park. They were impressed by the variety of gardens and the personalities of the gardeners they expressed. A man from Texas was attracted to my "Herman's Pride" Lamiastrum and asked if he could take some cuttings. Instead, I gave him a volunteer to take home. He promised to keep me posted on its health in its new home.

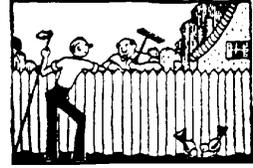
All of the speakers were very good. Our own Dr. Bob's knowledge, experiences and humor had us both laughing and learning. Peter Olin had us all pondering the question, "Why are public gardens necessary and who will be the users of such gardens as we move into the 21st Century?". Add the goodies in the hospitality room, the flowers from your gardens, the numerous door prizes, all the behind the scene help, etc., and our guests had a wonderful time in Minnesota. I was honored to receive all the compliments from the convention attendees, on your behalf. Thank you, members of Men's Garden Club of Minneapolis!

If I'm missing...

...check my garden!

Carole Ann

August 2001



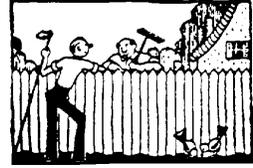
# Stepables

*Reprinted from The Greenhorn,  
a newsletter, of the Mansfield Men's  
Garden Club.*

Stepables, appealing little spreading plants that can be walked on, have been developed to fill a unique market - plantings for walkways and edgings. The plants are divided into three groups, light-enduring occasional foot traffic, moderate - taking foot traffic once on twice a day and heavy - taking a considerable amount of foot traffic. They are cute and little. Most of them have small leaves and interesting colors, plus they spread quickly to fill a nook or cranny. Some of them have miniature flowers; some are blessed only with nice foliage. Most have been developed from existing ground covers after extensive hybridization, but some have just been given extra attention, or elevated from being a spreading nuisance to becoming a desirable plant.

Stepables are used between paving stones to soften the look or used as a ground cover over bulbs or around shrubs. Some have little round chartreuse leaves, others are ferny bronze, while a few are crisp green or burgundy. Some, like woolly thyme, are fuzzy gray. Closer inspection shows many old favorites with a new look, the result of crossing different varieties. Creeping sedums, spreaders from Grandma's garden, are now sporting smaller leaves and only growing a few inches high. Ajuga has been redesigned with smaller leaves and more compact growth but still blooming in bright blue. Besides color, texture, bloom and traffic tolerance, they come in four sun requirements; sun, part sun, shade and part shade. Check them out at their website—[www.stepables.com](http://www.stepables.com)

**Remember  
participate  
in  
the  
FFF  
and  
the  
August  
Tour.  
See  
details  
elsewhere  
in  
this  
newsletter.**



# Board Meeting Summary



*Margaret Hibberd Secretary*

For July 3, 2001

## **Present:**

Howard Berg, Carole Ann Brekke, Wayne Engelman, Tim McCauley, Ritchie Miller, Warren Nordley, Jackie Overom

## **Absent:**

Margaret Hibberd, Dave Johnson (Friday)

## **President's Report**

Carole Ann talked with the church people and they like the planting.

National is now offering a membership for children of \$5 if they are under 18 and the parents are members.

Kay Wolfe has the handbook ready and it will be printed by September.

Convention registration can be up to 240.

## **Vice president's Report:**

Carl Schrader of Twin Lakes Landscape in Columbus, MN will present a talk on garden lighting at the October meeting.

## **Secretary's & Treasurer's Reports**

The reports were given and approved

## **Membership :**

There are no new members. 128 is the Present membership.

## **Committee Reports:**

Nothing to report. The convention is the main focus.

## **Old Business:**

None.

## **New Business:**

None.

# Future Board Meeting

Tuesday, August 7, 7:30 PM  
Board of Directors meeting  
Ritchie Miller's house

## **Come to the Garden**

**The soul's sweet bouquet  
The flowers of tomorrow  
Are in the seeds of today**

# Here is a Little Advice

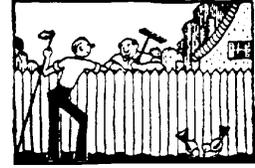
**Don't squat with your spurs on.**

**Never kick a cow chip on a hot day.**

**Never miss a good chance to keep your mouth shut.**

**Good judgment comes from experience, and a lot of that comes from bad judgment.**

*These were found in a newsletter from Texas*



# Recipes

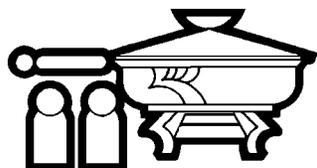


I have thought about having recipes in the newsletter but I had not succumbed, but today I found one that is so simple plus I need copy. Thus, I succumbed. Another reason is that peppers are just getting ripe and ready for picking. If you like stuffed peppers you will like this and you don't have to do the stuffing. It is:

## Stuffed Pepper Soup.

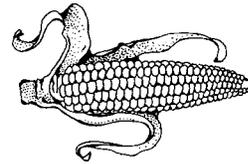
- 2 lbs. ground beef
- 1 can (28 oz) diced tomatoes undrained
- 1 can (28 oz) tomato sauce
- 2 cups cooked rice
- 2 cups of chopped green peppers
- 2 beef bouillon cubes
- 1/4 cup packed brown sugar
- 2 t. salt
- 1 t. pepper

In a large pan brown the beef and drain the fat. Add remaining ingredients bring to a boil, reduce the heat, cover and simmer 30 to 40 minutes. If you desire add some shredded cheese when served.

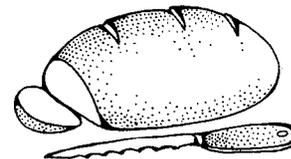


Now it is your turn if you like to have this continue, send me a recipe, If you think this is a mistake, let me know that also. If you don't give me any inputs, heaven knows what you will be getting in future issues. This was found in the Mansfield newsletter so blame them if

you make it and it bombs.



Since we are on the subject of food, I found this in the Avant Gardener. Corn shoots are a new fad and are selling at \$40 a pound. You can grow your own by sowing popcorn seed 1 inch deep in a 5 inch deep tray filled with a growing medium. You must keep this in the dark until harvested when 7 to 8 inches tall. Refrigerate immediately until used. Now they didn't say how to use but my guess they are in salads or stir fries. I guess you could go to an expensive restaurant and order some to find out.

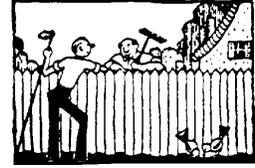


**Herbs are the friend of the physician and the pride of cooks.**

*Charlemagne*

**I grow my own vegetables for two reasons:  
the quality of the crops I can produce myself, and the quality of time I spend doing it.**

*Barbara Damrosch*



# Caladiums

By Mel Anderson

## Editors Note

Mel Anderson had some beautiful Caladium leaves in the Hospitality Room at the convention. He wrote a note saying several people asked him for the source. At the time, he didn't have the particulars so he told everybody he would write it up for the Spray.

Here is Mel's information.

The address is:  
Mrs. G.R. Spaulding  
Caladium Bulb Farm  
1811 Howey Road  
Sebring, FL 33872-4044

The place has a phone but no web site. Ph.—863-388-0318

A Minimum order is 50 bulbs, and I usually order in October for delivery on May 1st. At that time, I plant them under lights and take the pots out about June 10-15th. It must be warm or they just don't grow.

I order 10 varieties of #1 size, 5 bulbs to a package for a total of 50 bulbs. This costs about \$40.



**Thanksgiving was never meant  
to be shut up in a single day**

*Robert Casper Lintner*

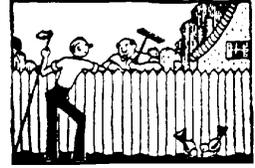
## Thanks by Mel

Thanks to everyone who volunteered as host or hostesses and merchandise sellers at our recent convention and also to those who brought cookies. You all really made my job easy. My thanks and best to you. You are a special and wonderful group of people!!

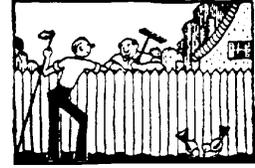
God Bless Mel

**He who receives a benefit with  
gratitude repays the first  
installment on his debt**

*Marcus Annaeus Seneca*



**This page is blank waiting for articles written  
by our members. You know you have the  
knowledge of gardening.**



# FFF Show

**2001 Flower Food and Foto Show  
Saturday & Sunday, August 18-19  
Held at:  
Minnesota Landscape Arboretum  
Snyder Building Auditorium**

With all the excitement of conventions and tours, don't forget FFF! This year's Flower, Food and Foto show is scheduled for the weekend of August 18 and 19.

Please plan to participate in the FFF Show. It has a reputation for a large number of entries of excellent quality. To uphold our reputation, we need as many people to enter as possible. Remember — you only have to bring in the good stuff, and when in doubt, bring it in!

If you've never entered before, you don't know what fun you've been missing! Participating in a show can be a lot of fun, and educational to boot.

People who haven't exhibited before also have the chance to win the "Best First-Time Exhibitor" trophy. Marilyn Brummer, who holds the trophy now, can tell you what an honor that is!

Here's the schedule for the weekend:

- Saturday, August 18, 7:00 AM - 10:30 AM Entries accepted.
- Saturday, 10:30 AM. - 12:30 PM

## Judging

- Saturday, 12:30 PM- 4:30 PM Open to the public
- Sunday, August 19, 11:00 AM - 4:00 PM Open to public,
- Sunday, 4:00 PM Cleanup and exhibit pickup

If you have any questions, or would like to know more about entering at the Flower, Food and Foto Show, call or email, Mary Maynard.

Phone: 952-926-7506

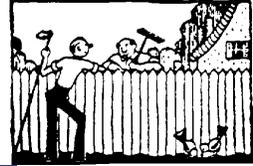
Email address:

Mary.J.Maynard@HealthPartners.com



*Bob Voight & Mel Anderson deciding which tomatoes to exhibit.  
Photo by Chuck*





**Warren receives potting soil from Eldon**



**Warren mixes while Ruth & Lois are left holding the bags**



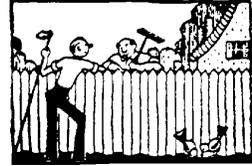
**Wayne has tools will travel (work?)**

## **Working at Church** (see last month's article for details)

*Photos by CaroleAnn Brekke*



**The Group: Howard Berg, Warren Nordley, Ruth Berg, Dave McKeen, Eldon Hugelen, Lois Engleman, Wayne Engleman, & Carole Ann Brekke**



# MUNSINGER-CLEMENS GARDEN TOUR

**Sunday, August 12, 2001**  
**Leave at 1:00 PM**  
**Return about 5:30 PM**



Photos by Chuck Top: A walk in the Munsingers Garden. Bottom: A fountain in The Clemens Garden

Beautiful rose gardens, gardens alive with flowers blooming and butterflies, shrubs, trees pruned to shapes, water fountains, wonderful walking paths and superb views of the Mississippi River! These famous St. Cloud gardens are so beautiful you will want to bring guests!

### Join Us and Leave the Driving to Us!

- Bus departs promptly 1:00 PM
- Leave from Calvary Lutheran Church  
7520 Golden Valley Rd, Golden Valley.  
(take Highway 55 to Winnetka turn north (short distance) and turn east on Golden Valley Road).
- Return 5:30 PM
- \$19.00 per person includes tasty Box Lunch and beverage
- Registration Deadline -August 8 (Wed.)

For more information about the gardens, the July *Garden Spray*, page 10, had a detailed write-up .



-----Clip and Mail -----  
**AUGUST 12 MUNSINGER-CLEMENS GARDEN TOUR REGISTRATION**  
Member & Guest Name \_\_\_\_\_

Number going \_\_\_\_\_ at \$19.00 per person amount enclosed \_\_\_\_\_

Make checks payable to MGCM & mail to:

Denise Rust  
7933 Girard Court  
Brooklyn Park, MN. 55444-2071  
Phone:763-560-7747

Must be received by Wednesday, August 8, 2001

# MEN'S GARDEN CLUB OF MINNEAPOLIS, INC.

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## CLUB OFFICERS:

**President:** Carole Ann Brekke

709 Rushmore Drive, Burnsville, MN 55306-5161

**Vice-President:** Warren Nordley

14001 Frontier Lane, Burnsville, MN 55337-4741

**Recording Secretary:** Margaret Hibberd

1850 Roselawn Ave., Falcon Heights, MN 55113-5519

**Membership Secretary:** Jackie Overom

14024 Frontier Lane, Burnsville, MN 55337-4728

**Treasurer:** Howard Berg

10107 Lakeview Dr., Minnetonka, MN 55305-2615

**Past President:** Ritchie Miller

4249 Twin Oak Lane, Robbinsdale, MN 55422-1336

## DIRECTORS:

Dave Johnson

5291 Matterhorn Dr., Fridley, MN 55419-1324

Tim McCauley

325 West 82nd Street, Chaska, MN 55318-3208

Wayne Engleman

11311 Oakvale Road So, Minnetonka, MN 55305-4359

## THE SPRAY

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Managing Editor & Production Manager-----Chuck Carlson

The committee: Fred Glasoe Mary Maynard Robert Olson Rich Van Sickle Lloyd Wittstock

Return to:

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Men's Garden Club of Minneapolis, Inc.

Charles J. Carlson, Managing Editor

1001 Hackman Circle

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# AUGUST