



**Bulletin of the Men's and Women's Garden Club of Minneapolis, Inc.**

**2015, Volume 73, Number 3  
March**

**Upcoming Events**

<b>Date</b>	<b>Location</b>	<b>Event</b>
Mar. 10	<b>LWC</b>	10 Plants You Should be Growing
<b>Mar. 31</b>	Macy's	Macy's/Bachman's Flower Show
May 12	SMG	Plant Sale and Auction
June 9	LWC	Martagon Lilies

*LWC= Lakewood Cemetery, 3600 Hennepin Ave. S, Minneapolis*

*SMG= St. Mary's Greek Orthodox Church, 3450 Irving Ave S, Minneapolis*

*More calendar information on Page 11*

**Note: Permanent reservations are in effect.** Dinner is \$13. Reservations or cancellations are required by Friday, Mar. 6 – **no later!** Call or e-mail Carole Ann Brekke (952-435-6029, numsix24@comcast.net) for your reservation or cancellation. For last minute cancellations, call Alan Gallaher at 952-933-1713. If he can sell it, you won't be billed.

**Menu for March Dinner Meeting**

- Chicken Wild Rice Soup
- Club Sub sandwich
- Garden Salad
- Chips
- Pineapple upside down cake

**March Program**

**Hidden Treasures: The Best Plants You're Not Growing**  
**Ted Beverly**

Presenter Ted Beverly will share his recommendations for some underused plants that do well in this region.

Ted turned a passion for plants into a profession 20 years ago, and he now runs Three Cedar Farm, designing and maintaining residential gardens in the eastern Twin Cities.

Inspired by the lushness and abundance of natural landscape, Ted seeks to create abundant gardens that feed all of the senses. He's also a garden writer who has written for a number of publications, including *Northern Gardener*.

**Schedule for Tuesday, March 10**

- 6:00 Social time
- 6:15 Dinner
- 7:00 Business meeting
- 7:30 Program

**Looking Ahead: Macy's Flower Show by Bachman's**  
**April Program is in March this Year!**

Our annual dinner and visit to the Macy's/Bachman's flower show will be on **Tuesday, March 31**. Dinner reservations are due by **March 23**. Details and reservation form on Page 4.

## Notes from the Prez

-- Tom McKusick

By now most of you have heard about the remarkable estate gift that we received the first week in February. Over \$62,000 was given to the MWGCM through the estate trust of Betty Deane, the widow of longtime club member Burton Deane. If you were at our meeting a couple of weeks ago you heard Jerry Shannon and Andy Marlow share their remembrances of Betty and Burton, and for those of us who never knew this couple it answered a lot of questions in our minds about them. But one large question remains: what should we do with the money?

Although I've heard from a few people with suggestions for the best use of these funds, the board would like everyone who has ideas to share them with us. You can drop me a note at the address or email below, and we'll also have survey forms available at the next meeting to fill out.

Tom McKusick  
Minnesota State Horticultural Society  
2705 Lincoln Drive  
Roseville, MN 55113  
[tomm@northerngardener.org](mailto:tomm@northerngardener.org)

While such a sizable gift represents an exciting opportunity for us--and one that's pretty unique among garden clubs--I'd be remiss if I didn't mention a possible downside. One of the really great things about a club like the MWGCM is how we all pitch in to get things done, and to be resourceful and self-supporting. We work hard to raise funds to meet the club's needs, and we're frugal with the club's resources because that's what's required. But what if that's no longer necessary? I'd hate to see this large gift cause us to become complacent. To prompt us to say, "Do we really need to organize a public tour this year? We have plenty of money." Or, "Why should I bid up that plant at the plant auction? The club's doing fine." Or, "Let's just go ahead

and buy it--we can afford it." I truly hope that doesn't happen.

There. I'll get off my soapbox now. Let me tell you about our program for our March meeting. I've known Ted Beverly since 2011 when I first visited his amazing garden near River Falls. I was so impressed by it that I wrote a feature story about it for Northern Gardener. One thing that I'll always remember is walking around Ted's garden while he talked about how it evolved. I don't know if I've ever heard anyone speak so eloquently about plants and what they love about the ones that have found a home in their garden. Since then, Ted has also written for Northern Gardener several times, and he's emerged as one of our very best writers. I'm sure you won't want to miss his program on, "Hidden Treasures; The Best Plants You're Not Growing". Hope to see you there.

## Editor's Note

-- Mary Maynard

I am still in shock over the wonderful gift from Betty Deane. More important than the money, though, are the happy memories it brings back of Burton and Betty. Back in the days when I was often the only woman at the club meetings, Burton was especially kind and welcoming. They were both exceptional people.

It is exciting to see so many new members. I hope all of the new members get as much from this club as I have over the last 25 years. I know that I can never give back to the club as much as it has given me. I believe this is the first time that the club has had two Maynards on the membership list. It's not as exceptional as when we had four Lloyds in the club (Bachman, Mikkelson, Weber and Wittstock), but it's something!

Our March program sounds excellent. See you there!

## Treasurer's Snapshot

As of 2/21/2015

Checking balance	\$85,290
Designated Funds	
Lyndale Park Garden	\$ 4,810
Scholarship	<u>\$10,915</u>
Working Balance	\$ 69,565
CD	\$5,260

## Membership Corner

Welcome to our newest member, Katherine Mastny. More about Katherine in our April Spray.

See introductions for other new members on Page 4

**Every Member Bring a Member**

## MWGCM Receives Generous Bequest from Betty Deane

*Mary Maynard*

As most members know by now, Betty Deane, widow of MWGCM member Burton Deane, left more than \$62,000 to the club. Tom writes very well about this generous gift in his column on Page 2. For those of you who were not around when Burton was a 22-year member (he died in 1998, while I was president), here's a little information about Burton and Betty.

Burton and Betty lived in St. Louis Park, and their garden was one of the first MGCM gardens I ever saw. (In 1988, the Minnesota Horticultural Society hosted a bus tour of wonderful gardens that turned to have been all MGCM gardens. It was a great tour!) Betty was from North Dakota, and was a teacher in the Bloomington school system. Her sister Alma was married to another MGCM member, George McCollough. (Alma and George both died in 2008). Betty and Burton had no children.

Here is an excerpt from the April 1998 *Spray's* article about Burton: "His service was not limited to MGCM. In his occupation as a social worker for 34 years, he served. In two churches, Westminster Presbyterian and Faith Baptist, he served. For Hennepin Parks system, he served.

"Burton was a gardener, dabbled in magic and loved the outdoors through hiking, camping and nature studies. I know that those who got to know him will miss him. Even those in the club who didn't know him personally will miss him at the table handing out name badges at every meeting."

After Burton's unexpected death, Betty remained active in her gardens and at Westminster Presbyterian Church the rest of her life. Phil and I would see her almost every time we went to church - looking great, greeting all her friends, and finding time for old garden club members.

*Here's a photo from 1986 showing Burton (in cap) and Betty (second from right) on a club tour. Also shown are Dave Moehnke (left), Bob Smith (front) and another unidentified couple. Photo by Andy Marlow.*



## Macy's Bachman's Flower Show and Dinner March 31, 2015

Our annual trip to Macy's flower show will take place on Tuesday, March 31st. Macy's 8<sup>th</sup> floor auditorium will be transformed into 'Art in Bloom' with lush foliage and gardens inspired by famous artists. Dale Bachman will speak to us about the plants following a dinner at Oak Grill on Macy's 12<sup>th</sup> floor.

Timetable (we will need to follow this schedule closely):

- 5:00 - Gather, be seated, order beverages
- 5:30 - Dinner is served
- 6:30 - Dale Bachman will speak
- 6:50 - Proceed to 8<sup>th</sup> floor to view flower show
- 8:00 - Macy's store closes (must exit store by 8:20)

Cost is \$23 per person (tax & tip included). Reservations are required, and **must be received** no later than Monday, March 23. Seating for dinner is limited to 48.

Menu selections (select one on the reservation form on the next page):

- . **Mrs. Hering's 1890 Original Chicken Pot Pie** - The Oak Grill's signature dish with fresh ingredients and a hand finished crust served with salad of mixed greens.
- . **Grilled Flank Steak Sandwich** - Grilled naan bread, seasoned steak grilled to medium, with baby arugula, grilled onions, horseradish aioli, white balsamic vinaigrette and a side of seasoned fries
- . **Mandarin Salad** - Marinated chicken breast, red peppers, mandarin oranges, pea pods, applewood smoked bacon, almonds, water chestnuts, green onions, mixed greens and crispy wontons with toasted sesame dressing

Each entrée is served with a signature popover, dessert of white chocolate bread pudding topped with caramel sauce and whipped cream, beverage (coffee, tea, lemonade, fountain drink).

Free parking vouchers for the Macy's ramp (good after 4PM) are available at the Oak Grill. Any questions please call Judy Brooke 612-581-2650.

Please fill out the reservation form on the next page and send with payment to Carole Ann Brekke, 709 Rushmore Drive, Burnsville, MN 55306. **Reservations must be received by Monday, March 23.**

## Bachman's/Macy's Reservation Form

MWGCM March 31, 2015 Macy's-Bachman Flower Show-dinner at the Oak Grill

Please reserve \_\_\_\_ dinners at \$23.00 each. Include check payable to MWGCM.

Dinner choice(s): \_\_\_Mandarin Salad \_\_\_Chicken Pot Pie \_\_\_Steak Sandwich  
 (Mandarin Salad can be made gluten-free. Please indicate on form)

Member Name: \_\_\_\_\_ Guest: \_\_\_\_\_

**Send reservation form with check to:**  
 Carole Ann Brekke, 709 Rushmore Drive, Burnsville, MN 55306

Reservations must be received by Monday, March 23, 2015. No exceptions, out of respect for the committee and our arrangement with the Oak Grill Staff. Thanks.

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## Annual Plant Sale and Auction: May 12

### Plant Pre-orders Available Again this Year

Once again, garden club members will have the opportunity to order containers, specialty annuals and flats or half-flats of annuals from a local wholesale grower as part of our plant sale. All plants are locally grown and have proven to be of excellent quality. Prices are competitive with local retail outlets, and your purchase supports the club.

You will be receiving the plant list/order form in a separate mailing, and your order, with payment, will be due in late March. You will be able to pick up your order at St. Mary's Greek Orthodox Church on the day of the sale.

One thing to note: the order form is basically a list, without a lot of description beyond variety name and/or color. We have found that 'Google Images' is a good place to start if you're looking for more information about a particular item on the order form.

*Photos: Microsoft Clip Art*



## Getting to Know our New Members

*Judy Brooke*

**Nancy Felice** - Nancy describes her interests in gardening as coming from a place of “problem solving”. She and her husband live on a typical city lot in South Minneapolis. Because of a large sugar maple tree in the front yard, Nancy concentrated on shade gardening, until a couple years ago when the sugar maple came down. Now she’s switched to growing plants that like the sun. A different section of her yard is quite dry and more sunbaked which presented another challenge. Subsequently, Nancy’s developed an interest in growing native plants in this area. In the backyard, Nancy noted the grass grew really well, so much to her husband’s dismay, she started digging up the grass. In its place she’s planting perennials, knowing they should do well there too. In addition to problem solving her garden challenges, Nancy works as a freelance copy writer. She might be persuaded to write an article for the “Spray” on occasion.



**Meleah Maynard** - Meleah recalls in her early years of apartment living she always had plants in the windows. After moving to an apartment with a balcony, she raised tomatoes and basil. Now for several years she and her husband have owned a home in South Minneapolis where her garden plot has evolved over time. She gardens organically, and current interests lean more toward edible gardening and learning more about native plants. Meleah is a freelance writer. Although she writes on many topics, her favorite is gardening. A couple years ago she co-authored a book called “Decoding Gardening Advice” about truths and myths in gardening. Meleah is a Master Gardener, and member of the MN Horticultural Society. Her presentation on “New Plants for 2015” at our club’s February program was extremely well received. We’re glad she decided to become a member.

**Sue Pacquin** - Sue’s gardening experience began when she was living in a rural area outside Osceola WI. At that time she grew vegetables along with raising her family. Later, when moving to the cities, she helped a friend plan and maintain a backyard garden. Sue finds gardening good therapy. Employed at 3M, Sue more recently bought a home nearer work, in the St Paul suburb of Oakdale. She’s enthusiastic about planting both a flower and vegetable garden on her 1 ½ acre lot. In the past, Sue has attended several of our club’s garden tours. She also knows fellow 3M employee Eric Smoczyk. By joining the club Sue is looking forward to sharing ideas and increasing her gardening knowledge.

**Suzanne Silverman** - Sue began gardening in 1975 while living on a farm in rural MN. Back then she did organic vegetable gardening. When moving to the cities, Sue stopped gardening for a while, busy with her work as a finance lawyer until retirement after 35 years. When she and her husband purchased a home with a triple lot on Minnehaha Parkway, Sue once again took up gardening. She also gardens at their lake cabin in Wisconsin where they maintain a shoreline with natural borders. Sue has a small flower and vegetable garden there as well. Sue was a visitor at our January meeting on pollinators and subsequently decided to join the club.



*Photo by Lloyd Wittstock*

## Summer Squash FFF Show Featured Vegetable for 2015

*Judy Berglund*

*Photos courtesy of Park Seed*

Summer squash comes in variety of shapes and colors. Bush varieties take up relatively little space and if kept picked will keep producing right up to frost. Squash like warm soil and are very sensitive to frost. Wait until danger of frost has passed and soil has warmed to about 70 degrees. They grow best in full sun and prefer well-drained, fertile, loose soil that is high in organic matter.



Direct seed squash ½ to 1 inch deep into hills of 4 to 5 seeds per hill. When plants are 2 to 3 inches tall, thin to 2 to 3 plants per hill by snipping off unwanted plants without disturbing the roots of remaining plants. Plentiful and consistent moisture is needed from the time plants emerge until fruits begin to fill-out. Using leaf or grass mulch is helpful in maintaining consistent moisture. To prevent powdery mildew, avoid wetting foliage if possible. Water squash early in the day so that above ground parts will dry as quickly as possible.

There are 4 groups of summer squash:

Yellow summer squash have long thin fruits that can be smooth or warty, straight or crookneck.

Zucchini types are also long and cylindrical, often dark green but some varieties are lighter, yellow or even white.

Scalloped or patty pan squash look like disc-shaped UFO's. Their edges are scalloped and colors range from greenish to yellow to white.

Mid east or Cousa varieties have fruit that is shorter and thicker than zucchini, usually with pale green skin.

To exhibit summer squash select 3 small to medium size fruits when the rind is soft and easily punctured with thumbnail. Show specimens that are uniform in size, shape and color. Leave ½" of stem and wipe fruits clean. Specimens should be 6-8" long for Zucchini, Straightneck and Crookneck types. Round, scallop types should be 2-3" in diameter.



## Getting to Know Your Board Member: Bonnie Haehn

*Bonnie Haehn*

*Photo by Lloyd Wittstock*



I became aware of the Men's Garden Club in 2011 when Judy Brooke asked if I was interested in going on a club member garden tour.

Judy and I worked together many years ago as nurses on a psychiatric unit. We have not worked together for many years but we have maintained the friendship. I really enjoyed my initial garden tour and decided to join the club.

My primary interest in the garden club was visiting the beautiful gardens of club members and others; and I have found all of the educational sessions very interesting and informative.

I continue to work full time and I find it is so relaxing to just view and enjoy the gardens. They inspire me and I just love to see the different designs and different plants. I have a small city lot in Minneapolis and a lake cabin with a wooded lot in Annandale so I struggle to get flowers to bloom so I look for colorful or interesting plants that do well with shade.

I do love tulips and was able to visit the Keukenhof Garden outside of Amsterdam in the Netherlands last April filled with millions of tulips, daffodils, and hyacinth. It was just spectacular and the highlight of my 2014 travels. My husband and I love to travel, camp, visit national parks, fish, and visit cities in the US, but my passion is Europe and we hope to continue our travels in 2015 and beyond if all goes well.

*I wish I had a better photo of Bonnie to accompany this article. Bonnie is almost always at club events, though, so you will be able to see her in person. In honor of Bonnie's love of tulips, here is Dave McKeen's champion photo from the 2013 Foto Show.*

*Thank you, Bonnie, for your service to the club.*

*- Editor*



## Winter Sowing

*Theresa Rooney*

What would you say if I told you that you could easily start many perennials and vegetables and annuals from seed in January, February or March – OUTSIDE?

You can plant these seeds and leave them outside for nature to take care of till you are ready to transplant them in the spring/summer. The way you do this is by 'winter sowing'.

What you will need is a container, a plastic gallon milk jug works great (so do salad containers or any plastic container that has a lid that can be removed or holes punched in it to allow snow and rain to enter), duct tape, sharp knife, seeds, labels, weather proof marker and potting soil.

Using a sharp knife or scissors cut the clean milk jug nearly in half. You now have a top and a bottom, still connected just a bit. Add about 2-4 inches of your favorite potting soil, get this medium quite wet-almost mud like. Then plant your seeds as directed. Add a weather proof label inside of the milk jug noting what you planted and any other information you wish. I also write the name of the plant on the outside of the container.

Using your favorite color (or clear) duct tape, tape the milk jug top and bottom back together again. Remove the lid. Head outside with your treasure- bring a sharp knife with you.

The north or northwest side of your home is a great location for this milk jug- or under a shrub. You need to protect it a bit from the south and west sun. Carefully poke some holes for drainage in the milk jug with your sharp knife. Set the milk jug down, on the snow, on your patio table or on the ground it does not matter. Now return to the house and celebrate your hard work.

Yes this works. The seeds will go thru the freeze/thaw as they would have in the ground last fall and winter. When the time is right they will sprout.

Once the seeds have sprouted you will need to monitor for moisture. If it gets bitterly cold you may want to cover the containers up. If it gets very hot, open them for some air circulation. As the plants grow and the weather warms you can remove the 'top' partially or totally. The plants are hardened off already and so are ready to be transplanted when the soil temperature is correct for them, or when you are ready to plant them on.

This easy method works great on natives, cool season vegetables, self-seeding annuals and perennials and many herbs and warm season vegetables. I suggest checking out [wintersown.org](http://wintersown.org) for specific suggestions.

With this method, you don't have to worry about damping off, watering, temperature for sprouting the seeds or even additional light. Nature takes care of everything. Using the winter sown method, the seedlings are protected from hungry rabbits and deer and pesky squirrels. Plant only one variety of seeds per container and I can't emphasize enough remember to *label everything!* Good luck and happy planting.

## Photos from the February Meeting

*Lloyd Wittstock*



Top row: Jerry Shannon (left) and Andy Marlow (center) reminisced about Burton and Betty Deane; Director Steve Shubick (left) introduces new(er) member Larry Cippolla.  
 (See [http://mwgcm.org/MGCM/2010s\\_files/Spray1214.pdf](http://mwgcm.org/MGCM/2010s_files/Spray1214.pdf) Page 3 for more about Larry.)  
 Bottom row: Our speaker Meleah Maynard, Mary Maynard and Meleah Maynard, New(er) member Wendy McKinnis (see [http://mwgcm.org/MGCM/2010s\\_files/Spray1114.pdf](http://mwgcm.org/MGCM/2010s_files/Spray1114.pdf) Page 3 for more about Wendy.)

## Calendar of Events

**March 10, 2015**

Ten Plants You Should be Growing  
Ted Beverly  
Lakewood Cemetery

**March 31, 2015**

Macy's/Bachman's Flower Show  
Macy's

**May 12, 2015**

Plant Sale and Auction  
St. Mary's Greek Orthodox Church, Minneapolis

**June 9, 2015**

Martagon Lilies  
Frans Officer  
Lakewood Cemetery

**July, 2015 (Date TBA)**

Garden Tour?

**August 15-16, 2015**

Flower, Food and Foto Show  
U of M Landscape Arboretum

**August, 2015 (Date TBA)**

Garden Tour?

**September 8, 2015**

Laura Schwarz of Tangletown Gardens  
Gardening in the Minneapolis Downtown  
Improvement District  
Lakewood Cemetery

**October 13, 2015**

Roses Return: New Hardy Shrub Roses for the  
North  
David Zlesak  
Lakewood Cemetery

**November 10, 2015**

Hostas  
Bob Olson  
Lakewood Cemetery

**December 8, 2015**

Holiday Party

**This Month's Contributors: Thank You!**

Printed Content: Judy Berglund, Judy Brooke, Alan Gallaher, Bonnie Haehn, Mary Maynard, Tom McKusick, Theresa Rooney.

Photography: everydaygardener.com, Andy Marlow, Dave McKeen, Microsoft, Park Seed, Lloyd Wittstock

**MEN'S and WOMEN'S  
GARDEN CLUB OF  
MINNEAPOLIS, INC.**



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**Club Officers:**

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Minnetonka  
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Golden Valley  
**Treasurer: Alan Gallaher**  
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St. Louis Park  
**Steve Shubick**  
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**The Spray**

The *Garden Spray* is published monthly by the Men's and Women's Garden Club of Minneapolis, Inc. for its members. The Men's and Women's Garden Club of Minneapolis is a not-for-profit, equal opportunity organization.

Return To:

**The Garden Spray**

Men's and Women's Garden Club of Mpls., Inc.  
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**First Class Mail**

***March***  
***2015***