

MEN'S & WOMEN'S



GARDEN CLUB

OF MINNEAPOLIS

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The Garden Spray

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From the President

Mary Barsness

Where does the time go? It seems like yesterday I was complaining about the lack of spring. Now we are approaching the end of summer, and with it our annual FFF Show August 18-19 at the University of Minnesota Landscape Arboretum. I highly encourage all members, and especially new members, to see the show. You will be amazed at the wonderful fruits, vegetable, flowers, and plants our members have grown and brought to exhibit. As a new member, I felt attending this show was a great way to get to know other members and become more involved with the club.

The flowers for the month of August are the gladiolus and poppy.



Standing at an impressive four feet tall, gladioli were commonly placed in the back of flowerbeds to add height and texture. But while these flowers may have lived most of their life in the background, they're anything but ordinary. Their blooms range in height, thickness, and color, making them incredibly diverse.

Gladioli were exclusive to Africa and Asia until making their way to Europe and the United States in the mid-1700s. In just a few years, they went from a relatively unknown flower to one that was in high demand. By the early 1800s, more than 200 varieties of gladioli existed. Today, there are roughly 260 species and dozens of colors.

Because of its long, thin shape, the gladiolus became known as the "sword lily" and earned a reputation as a strong, bold flower. In addition to honor and resilience, gladiolus flowers also symbolize:

- Strength and character
- Faithfulness and integrity
- Deep love and admiration
- Persistence and ambition

Poppies are a short-lived perennial that range in size from a few inches to nearly four feet tall. Although tiny, these red blooms are an incredibly symbolic, making their way into poems, movies, novels, and mythology.

Ancient Sumerians believed the poppy to be the "flower of joy." After the flower made its way to the Greeks, it quickly became a popular religious symbol, and wreaths of poppies adorned statues of gods. Today, poppies have come to signify those lost to war, specifically World War I. In 1915, a field of poppies inspired Lieutenant Colonel John McCrae to write his famous poem "In Flanders Fields." After World War I, the poppy became a universal symbol of remembrance and sacrifice. The poppy is also the emblem of Remembrance Day -- a day honoring all who lost their lives in the armed forces.



Poppies also symbolize:

- Hope
- Peace
- Beauty
- Success

Hope to see you at the FFF Show,

From the Editors

Nancy Felice, Tom McKusick, Co-editors

IT'S THE COWS



This year's garden tour had a unique twist: a tour of Tangletown Garden Farms, which supplies not only plants for Tangletown Gardens, but also meat and produce for the Wise Acre Eatery next door to the garden center.

These beautiful bovines -- Scottish Highland cattle -- are beyond contented and move to a fresh pasture every day. No need for herding dogs, they respond to the farmer's voice when it's time to

mosey. We had an impressive demonstration.

If you'd like to know more about Tangletown's approach to sustainability, here's a link to [Tangletown Gardens Farm](#).

The garden tour is always full of surprises. I can't wait to see what they come up with next year.

2018 Flower, Food & Foto Show

Judy Berglund, Chair

SCHEDULE FOR THE 2018 FLOWER, FOOD AND FOTO SHOW

Minnesota Landscape Arboretum

Saturday, August 18

7:00 a.m. to 10:15 a.m. Entries accepted

10:30 a.m. to 12:30 p.m. Judging

12:30 p.m. to 4:30 p.m. Open to the public

Sunday, August 19

10:30 a.m. to 4:30 p.m. Open to the public

[Find complete rules, entry classes, and sample entry tags on the MWGCM website.](#)



It's almost time to gather those award-winning flowers and vegetables to exhibit at our annual FFF Show. If you have not exhibited at the show before, experienced exhibitors will be on hand to help you.

Our featured flower is **annual sunflower**, which may be exhibited as small, under 3", three uniform stems. Medium blooms, 3" to 6" and large blooms, those over 6", exhibited as one

stem.

Onions are this year's featured vegetable, which may be exhibited as three uniform specimens mature and thoroughly cured. The neck should be small. Do not peel to give a slick appearance. Only outer scales that are broken or discolored should be removed. Small basal roots should be left intact but trimmed to a uniform 1/2". Wipe or brush but do not wash. Trim dried, twisted, tops to a uniform length of 1-2 ". Do not damage dry skins.

Remember to bring your "Wonders of the Universe" floral designs, too.

The Deane Fund Announcing procedures for Deane Fund Grants

The MWGCM Board of Directors is pleased to announce the formation of the Burton & Betty Deane Project Review Committee. In January 2015, the Club received a bequest of just over \$65,000 from the estate of Betty Deane, the widow of Burton Deane, a long-term member of our club. The MWGCM Board of Directors has approved a plan to use these funds that is described below.

The charge to the Deane Project Review Committee is to advise the MWGCM Board of Directors each year on all project proposals submitted that year. The Committee will solicit projects, ensure all applicants have provided the required information, and review and evaluate all complete project applications. The Committee's evaluations are forwarded to the Board of Directors who will select the project(s) to be funded in the following year. Six General Principles emerged to guide the development of the grant program:

1. Devote all the money gifted from the estate of Betty Deane to a wide range of horticultural projects that reflect and support the missions of the Club.
2. A maximum annual amount should be established to fund projects. The Board has approved a maximum of \$6,000 a year that may be granted from the Fund. Up to \$3,000/year of that money may be awarded to non-MWGCM applicants.
3. Money should be requested for innovative projects but not to fund ongoing Club activities. Projects or activities already funded through the general budget are not eligible for support unless the committee presents something new as a committee activity or procedure.
4. Projects are funded for one calendar year maximum.
5. All anticipated expenditures should be itemized in a budget. Expenditures not itemized in the application budget may or may not be reimbursable.
6. Grant recipients must share their experience and things learned from it by writing a summary of the experience for the Garden Spray or a similar publication.

Project Leaders may begin submitting applications July 1. September 15 will be the deadline for grant applications. The recipient(s) of Deane grants will be announced at the annual Holiday Party and the January Garden Spray or be otherwise notified by January 2.

The three members of the 2018 Deane Project Review Committee are Laurie Levin, Mary Barsness and Alan Gallaher. Alan will be the committee chair. This summary was based on the proposal approved by the Board at their May meeting. If you're interested in proposing a project, complete information is available on the Club website:

[Grant Process for the Deane Fund](#)
[Deane Grant Application Review Procedures](#)

We hope you start thinking soon about possible projects that would interest you. It could be things we need or services that would benefit members. It might be an initial tryout of an entirely new direction for the Club.

-- Alan Gallaher, Laurie Levin, Mary Barsness

Tour Committee

Robert Kean, Chair

Paul Theis shared this email from July 7 tour hosts Lori and Ross Ruschmeyer, along with recipes for the delicious cookies and lemonade they served in their garden. They also provided information about plants that many on the tour asked about.

"We had a great time with everyone visiting. The weather could not have been nicer and it seemed like everyone had a good time. We hope the rest of your tour went well. Thank you for the beautiful hosta. We will find a spot for it in the garden and it will always provide us memories of your visit.



There were a number of plant ID questions that both Lori and I received and we wanted to make sure everyone got the correct information to their questions so we have tried to include answers to the questions we remember below. We have also included copies of the recipes for both the cookies and the lemonade as requested."

-- Lori and Ross

[Basil Citrus Cookies](#)

[Ginger Lemonade](#)

[Plant information](#)

Lyndale Garden/Mixed Border Garden

Kay Wolfe, Chair

As a newbie to the garden group, it has been an experience that I would recommend

to anyone with gardening interests. First, I want to thank my mates for being who they are. They know infinitely more about flora and planting and planning than I, but I have learned. Readers here will also delight as well as be soothed by our garden these days, momentarily distracted by monarchs alighting on zinnias or a Baltimore oriole cruising high into the spruces.



My colleagues have patiently explained names and the reason behind planting patterns: what goes together visually in terms of color, form, height, and continuity to create not so much a uniform area, but a pleasant meandering that evolves as one moves just a few yards along or deeper onto the garden paths. In addition to the sheer beauty of things that grow, curiosity begets the question of how and why species have evolved to

appear the way they do.

There is the vision curated by members of this group that looks to the weeks and months after spring planting as well as to this space for the future. Personally, I love the grunt work; the scent of fresh mulch is my new cologne. And, I like nothing better than, when sweaty and "aromatic," a passerby stops to compliment and thank us. Stop by these days, fellow gardeners. Escape and enjoy.

-- *Paul Waytz*

Photo by M. T. Pulley

Lyndale Garden/Native & Shade Garden

Kirky Otto, Carol Schreier, Co-chairs

After four years, garden co-chair Carol Schreier finally has the piece of sculpture she's wanted for the shade garden at Lyndale Park. In the picture, which was taken by skilled photographer Kathy Lenarz, she poses with the knot from an old tree, which Mary Helebrant installed. It's wonderful! Look for it next time you're in that area.

Extensive plantings of Pennsylvania sedge now make the back part of the shade garden a cool retreat. The hostas are lovely, too, but the deer are enjoying some plantings a little too much. The shade garden is much deeper now and is a wonderful place to stroll in hot weather.



Judy Berglund and her crew are replanting the rear part of the native garden with a

yin/yang pattern. Once the Park Board okayed the use of yellow rope around reconstruction areas the public seems to be staying out, so the new plants have a chance to grow. The Chelsea Chop method of managing some of the tallest natives seems to be working nicely - the short plants in front support the taller individuals behind them, and they bloom from low to high, making a nice display. As other plants bloom out and are sheared back they look tidy, and some send out a second flush of blossoms.

It's a good year in Lyndale Park!

-- Kirky Otto

Photo by Kathy Lenarz

Marketing and Publicity Committee

Becky DeLaCruz, Chair

Summer is flying by!. We've had some great events this summer -- including two successful club garden tours -- and we aren't finished. Everyone should be gearing up for our August 18 and 19 Flower, Food and Foto Show at the Arboretum. We've had some great weather for our gardens, so here's hoping every club member enters at least one item in the FFF Show.

Once September arrives, we will begin to enjoy our monthly meetings with an array of fabulous speakers.

The M&P Committee has been "quiet" this summer, however in September we will be gearing up to solicit businesses for our annual Holiday Party and Silent Auction. We are also working to seek out an individual or company for the redesign of our website. This is no casual project and will require quite a bit of work from our entire committee.

Nominating Committee

Sandra Abraham, Chair

The nominating committee is seeking volunteers for the following positions in 2019:

President Elect (vice president), Secretary, Treasurer, Director (one open position).

Please contact [Sandra Abraham](#) if you are interested in nominating someone for these positions.

Membership Corner

Kathy Lenarz, Chair

We're happy to welcome another new member: Suzanna Grossman. She and her husband Andrew came to the Progressive Garden Gathering on July 24.

We've had a difficult time setting up interviews to introduce our new members from May and June. I think every gardener is busy with weeding, watering, harvesting, garden tours, road trips, and all the excitement of mid summer in Minnesota. We hope to have more introductions next month.

Every member bring a member.

Board Meeting Highlights

Laurie Levin, Recording Secretary

JULY 2018 BOARD NOTES

The July meeting covered routine points of business including reviewing our strong financial circumstances and noting the addition of new Club members. The guidelines for usage of the Deane Funds were completed, and will be disseminated to members soon. Organization of the Nominating Committee was reviewed, and members of that group will start their work in late summer.

Treasurer's Snapshot

Alan Gallaher, Treasurer

AS OF JULY 27, 2018

Checking Balance	\$ 33,769
Designated Funds	
Lyndale Park/Mixed Border Garden	\$ 1,601
Scholarship	\$ 4,413
Deane Fund at RCU	\$ 62,307
Working Balance	\$ 27,755

Petty Cash \$ 100

MWGCM 19-month CD at US Bank \$ 5,402

Meeting & Event Calendar

August 18 & 19

Flower, Food & Foto Show
Minnesota Landscape Arboretum

September 11

Barbara Ronningen: Overwintering
Ornamental Plants
Lakewood Cemetery Mausoleum

October 9

Fiona Lennox: Native Plants
Lakewood Cemetery Mausoleum

November 13

Mary Meyer: Minnesota Landscape
Arboretum Grasses
Lake Harriet United Methodist Church

December 11

Holiday Party

2018 Officers & Directors

Club Officers

President

Mary Barsness
Prior Lake

Vice President

Anne Spenningsby
Minneapolis

Membership Secretary

Directors

John Cooke
St. Louis Park

Dave McKeen
St. Louis Park

Linda Thompson
Minneapolis

Kathy Lenarz
Richfield

Recording Secretary

Laurie Levin
Golden Valley

Treasurer

Alan Gallaher
Edina

Past President

Sandra Abraham
Eagan

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