

MEN'S & WOMEN'S



GARDEN CLUB

OF MINNEAPOLIS

October 2018

The Garden Spray

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October Meeting Preview

Anne Spenningsby, Chair

"NATIVE PLANTS" WITH FIONA LENNOX



*From a 2015 Star Tribune article about Fiona raising 400 monarch butterflies.
Photo by Renee Jones Schneider*

Tuesday, October 9

Location: Lakewood Cemetery Mausoleum

6:00 Social Time
6:15 Dinner
7:00 Business Meeting
7:30 Program

Menu

Pulled pork sandwiches
Cole slaw
Baked beans
Chips
Pumpkin bars

- Permanent reservations are in effect. Dinner is \$13.00.
- Reservations or cancellations are required no later than Friday, October 5.
- **This month only, email your reservation to [Alan Gallaher](#) or call (952) 933-1713 and leave a message.**
- NOTE: For last-minute cancellations contact Alan. If he can sell it, you won't be billed.

From the President

Mary Barsness

Where did summer go? Fall is my favorite time of year. There's nothing better than warm October days and crisp, cool nights. Like all of you, I am busy getting my gardens ready for winter. Looking back at our summer events including the plant sale, garden tours, and FFF show, it's clear that our club has many talented and dedicated members. Thank you to all who helped with these great events.

The October birth flowers are the marigold and the cosmos.

Marigolds



There are about 50 species of calendula, or marigolds, which range in height from six inches to five feet.

Marigolds, are given as a sign of warm or fierce, undying love, or as a way of saying that you're content to be with the recipient.

"Candula" means through the months, from the Latin "calends" and the English "calendar."

This versatile flower is used by many gardeners as an insect repellent and by cooks as a spicy seasoning or coloring for food. Dried, the calendula can spice up and brighten up a salad. As if these weren't enough uses, marigolds are also found in herbal medicinal remedies for headaches, toothaches, stomachaches, fever and menstrual cramps. When made into an ointment, calendula can reduce swelling in insect bites, sprains, jaundice, sore eyes, wounds and other skin irritations. Lip balms can be made to soothe chapped lips as well. The brightly colored blossoms, ranging from gold to bright orange, are also boiled to make brilliant dyes for fabrics, cosmetics and food.

The calendula, called "Mary's Gold" by early Christians, was considered sacred. Garlands of marigolds were strung around statues of saints and the Virgin Mary. In ancient times, garlands of marigolds hung at doorsteps protected homes from evil, and it was once thought that placing these garlands under a bed would bring prophetic dreams.

Cosmos

Cosmos are a symbol of order, peace, and serenity. These semi-tall annuals are often planted along borders and will attract birds, bees, and butterflies to your garden.

The cosmos includes 20-26 species of annual plants native to scrub and meadow areas in Mexico, Arizona, Florida, Central America and northern South America south to Paraguay.

The plant can grow up to 2m tall and has simple leaves and petals. The flower colors vary between the different species. They are often used as decoration in gardens and around a home.



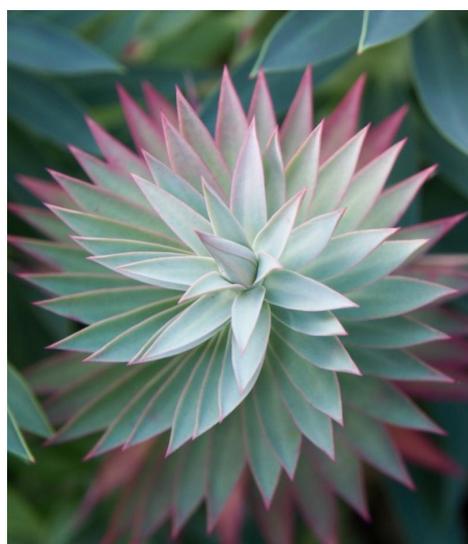
Cosmos is the Greek word for harmony or ordered universe. They are a pest-free plant that helps keep bugs at a minimum in gardens and greenhouses, and grow very well in dry, hot climates. If planted in rich, fertile soil, tall plants will grow. Some species of cosmos requires full sun throughout the day and should not be planted in deep shade. Because it is one of the easiest plants to grow, it can be planted in the spring for summer blooming or mid-summer for early fall blooming.

Photography Committee

Lloyd Wittstock, Chair

SEE THE FFF PHOTO CONTEST WINNERS ONLINE

For the 2018 Food, Flower and Foto Show, we received digital entries from 18 photographers and over 30 prints for the photo boards voted on by the general public at the show. This was a larger turnout than usual, and we filled two display boards with the colorful prints.



"Symmetry"
by Mary Barsness

The public decided the winner for the People's Choice, "Symmetry" by Mary Barsness, as their clear favorite. Second place was a tie between Andy Marlow's "Bellflower" and Paul Theis' "VW." Third place went to "Swamp Tree" by Marsha Theis. (On a side note, my predictions for the winners included the print of "Hungry," by Mary Barsness, which was selected the best overall photo in the juried section of the contest. But what do I know? That's why we ask the public to choose, and they are all fine photos.)

of the entrants. The display boards will be at an upcoming meeting, and right now you can view the first-, second- and third-place winners in all 13 categories, as well as the Best of Show and Reserve Winners on the club website in the [2018 Photo Show](#) section. The People's Choice

Congratulations to the winners and all



will be updated soon. You can find the above-mentioned prints in their digital form (except "VW," which was only submitted as a print, and yes, it's a "Bug" used as a planter!).

"Hungry"
by Mary Barsness

Our appreciation goes to Chuck Carlson and Mary Maynard, our illustrious judges, and to Andy Marlow, who organizes the website.

Lyndale Park/Mixed Border Garden Committee

Kay Wolfe, Chair

END OF THE SEASON: TIME FOR COLEUS CUTTINGS



The Mixed Border Committee will have its last workdays in October. The annuals, now at their peak growth, will soon be gone. All members can go take coleus cuttings! If anyone asks, tell them you are a member of the MWGCM, the volunteer group that creates the garden and you are taking cuttings to grow for next year.

Stop by when the committee is working on Tuesday mornings October 2, 16, 23 and 30. Or

go to the garden before the club meeting on October 9. Don't wait! As soon as the nighttime temps plunge into the high 30's the coleus will die back.

Here is a list of the varieties growing this year. For photos, consult the [Rush Creek Nursery](#) website.

Variety	Height	Location
Mainstreet Sunset Boulevard	16"	Pagoda Bay
Ruby Slipper	12 to 24"	Fire Chief Bay
French Quarter	18 to 36"	Fire Chief Bay
Trailing Plum	10 to 12"	Fire Chief Bay
Smallwoods Driveway		Far East Bay
Colorblaze Kingswood Torch		Far East Bay
Crown Jewel		Far East Bay

Any questions write to mgcmgarden@g.com

Happy end-of-season gardening!

Scholarship Committee

M.T. Pulley Chair

Scholarship applications will be accepted from September 4 (opening of Fall Term) through October 31, 2018.

[Webmaster Andy Marlow has updated the MWGCM Scholarship Announcement Page for 2018.](#)

Since 1992 (our club's 50th anniversary) we have awarded over \$65,000 in scholarships to Minnesota horticulture students. The Scholarship Committee thanks you for your continued support of this vital community service program.

Nominating Committee Update

Sandra Abraham, Chair

The nominating committee is seeking volunteers for the following positions in 2019:

President Elect (vice president)

Secretary

Co-Treasurer (this would become a two-person position)

Director (one open position).

Please contact [Sandra Abraham](#) if you are interested in nominating someone for these positions.

Look for the slate of candidates in the November *Garden Spray* and vote at the annual meeting November 13.

Membership Corner

Kathy Lenarz, Chair

IT'S MEMBERSHIP RENEWAL TIME

[Print your Membership Renewal Form](#)

Another beautiful fall is on its way and that means it is time to renew your MWGCM membership for 2019. The easiest way to renew is at the club meeting on October 9 or November 13.

Please print the [Membership Renewal Form](#), complete it, and bring it to the meeting along with your check or cash. Membership Committee members will be at a table eagerly awaiting your Membership Renewal Form. (Forms will also be available at the meetings.)

If you cannot attend either meeting, complete the form and mail it along with your check for \$20 (do not mail cash) to Kathy Lenarz at the address on the form. Please mail the form by Tuesday, November 9.

Thank you to all for renewing on time. It helps the Membership Committee if we do not have to call you after the due date to remind you.

We depend on our great members, and your dues enable us to keep the club running all year. Thank you for renewing for 2019.

WELCOME RANDEE KAY LEE

Randee joined MWGCM in September. As a retired elementary school teacher and school librarian/media advisor, she still thinks of September as the start of the year and a time to delve into new things!

She is certainly not new to gardening however. Randee has been a member of the Minnesota Landscape Arboretum for many years, and her former sister-in-law, a past president of the Minnesota Horticultural Society, led her into taking classes and enjoying garden tours. Randee even started an informal garden club with her co-workers at one time, and the group still visits each other's gardens and goes on garden tours. She also enjoys spending time in the outdoors with her grandchildren in Minnesota and Texas.

Randee recently moved from Plymouth to South Minneapolis and is starting on her third home garden, now with lots of shade and sandy soil. She would like to replace much of the lawn with plantings, and has started by getting her brother to divide and share some hosta from his house. Her partner David has not quite been converted to sharing her garden interests yet, as they are at the stage of "Wait! Don't mow over the Sweet Woodruff!...oh, well, I guess it will grow back."

Randee found out about MWGCM when she met Cece Keefe, our email coordinator

and a member of the Lyndale Park Mixed Border Garden Committee, as Cece arrived to work in the Garden.

Every member bring a member.

Board Meeting Highlights

Laurie Levin, Recording Secretary

The September board meeting was highlighted by reports from several committees: the FFF team was thanked for another very successful event, the Scholarship Committee is focused on seeking potential students who would earn this award, and the Nominating Committee is actively seeking members to serve on the board in the coming year.

The board welcomes suggestions for Rookie of the Year nominees.

The club's finances remain strong.

Thanks to Mary Barsness' efforts, an appropriate storage unit has been located for the club. Plans are now being made to move our boxes to one location.

Treasurer's Snapshot

Alan Gallaher, Treasurer

AS OF SEPTEMBER 28, 2018

Checking Balance	\$ 31,398
Designated Funds	
Lyndale Park/Mixed Border Garden	\$ 1,601
Scholarship	\$ 4,463
Deane Fund at RCU	\$ 62,454
Working Balance	\$ 25,332
Petty Cash	\$ 100
MWGCM 19-month CD at US Bank	\$ 5,413

Meeting & Event Calendar

October 9

Fiona Lennox: Native Plants
Lakewood Cemetery Mausoleum

November 13

Mary Meyer: Minnesota Landscape
Arboretum Grasses
Lake Harriet United Methodist Church

December 11

Holiday Party

2018 Officers & Directors

Club Officers

President

Mary Barsness
Prior Lake

Vice President

Anne Spenningsby
Minneapolis

Membership Secretary

Kathy Lenarz
Richfield

Recording Secretary

Laurie Levin
Golden Valley

Treasurer

Alan Gallaher
Edina

Directors

John Cooke
St. Louis Park

Dave McKeen
St. Louis Park

Linda Thompson
Minneapolis

Past President
Sandra Abraham
Eagan

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